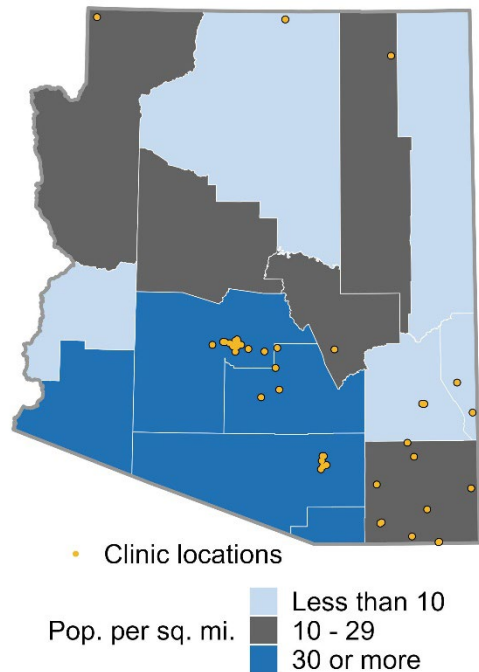


# Arizona Family Health Partnership

Arizona Family Health Partnership, dba Affirm Sexual and Reproductive Health (Affirm), is a nonprofit organization that has been the Title X grant recipient since 1983. It delivers services to approximately 30,000 persons through its subrecipients, which are 14 agencies operating in 67 clinics across Arizona.<sup>1</sup>


## Stats at a Glance<sup>2</sup>

- ▶ Number of family planning (FP) encounters – 48,806
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 18,894 (56%); all FP users with incomes below 250% of FPL – 24,597 (73%)
- ▶ Number of tests performed for gonorrhea – 17,832, syphilis – 8,709, and HIV – 10,366
- ▶ Number of female users who received a chlamydia test – 11,924 or a Pap test – 5,195




## Overview of Services Offered

As a Title X recipient, Affirm provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.<sup>3</sup> The infographic below is an Overview of Services Offered within the Affirm network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).




### Pregnancy assistance and counseling

- Counseling on achieving pregnancy
- Preconception health services
- Pregnancy testing and counseling
- Basic infertility services




### Contraceptive services

- FDA approved long-acting contraceptives
- FDA approved short-acting contraceptives
- Natural family planning methods



### STI services

- STI and HIV education and counseling
- STI and HIV screening and testing
- ◐ STI and HIV treatment
- STI self-testing
- Expedited partner therapy
- ◐ PrEP counseling and risk assessment
- ◐ PrEP prescription services
- ◐ PEP counseling
- ◐ PEP prescription services



### Other preventative health services

- Screening for breast cancer
- Screening for cervical cancer
- ◐ HPV vaccinations
- Screening for intimate partner violence
- ◐ Screening for mental health
- Screening for obesity
- Screening for smoking, drug, and alcohol use
- ◐ Adolescent-friendly health services

#### LEGEND

- Available at all service sites
- ◐ Available at service sites and through referrals
- Available through referral only

<sup>1</sup> Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.  
<sup>2</sup> Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).  
<sup>3</sup> See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

## Innovations in Practice



Affirm established an Information and Education (I&E) Task Force, which includes representatives from subrecipients and Affirm, to support subrecipients with I&E requirements. In addition to asking for community input on I&E materials, Affirm included a high school intern in the process to ensure adolescent input when selecting and reviewing youth I&E materials. By including community members and youth, I&E ensures that materials use inclusive language that reflects all clients.

## Did You Know?



Affirm hosts a website called [sexfyi.org](http://sexfyi.org), which is available in both English and Spanish. The website is designed to engage teens in thinking about their reproductive health. They can use the site to learn about birth control methods, find Title X health centers, learn about their rights related to family planning, and explore links to other sexual health resources.



Affirm participates in a wide array of outreach engagements across Arizona. Staff members attend in-person or virtual events ranging from local health fairs and gatherings to professional conferences. Program staff also provide trainings on STIs and sexual health to community organizations. Since 2021, Affirm has networked and shared information about Title X with more than 8,500 individuals.



Through a partnership with the Special Olympics Arizona (SOAZ), Affirm is developing a sex education and healthy relationships curriculum called Understanding Me for people with intellectual and developmental disabilities (IDD) and continues to provide training for SOAZ coaches to implement the program. The Understanding Me curriculum will help increase access to quality reproductive health information and education for persons with IDD, who are often excluded from reproductive health education programs and are at a greater risk of being sexually assaulted than the general population.

## About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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